

# Unit Award Scheme

## 22704 PREPARING A PACKED LUNCH

In successfully completing this unit, the Learner will have

**Evidence needed**

**shown knowledge of**

- 1 places where a packed lunch can be bought
- 2 the price of at least three commercially produced packed lunches
- 3 the cost of making and packaging a home-prepared packed lunch

Student completed worksheets and/or written work

Student completed worksheets and/or written work

Student completed worksheets and/or written work

**demonstrated the ability to**

- 4 plan a balanced packed lunch
- 5 prepare a balanced packed lunch
- 6 wrap a packed lunch appropriately, eg using cling film, foil, air-tight container.

Student completed worksheets and/or written work

Teacher checklist

Teacher checklist

All outcomes recorded on an [AQA Summary Sheet](#) (incorporating the [Teacher Checklist](#) if required)

Approved 30 March 1999

Level - Pre-Entry Level

# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Outcome 1.

Show knowledge of places where a packed lunch can be bought;

Young person's notes

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Carer or Young person to make notes of main points discussed.  
Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Outcome 2.

Show knowledge of the price of at least three commercially produced packed lunches;

Details of 1<sup>st</sup> packed lunch (where was it for sale, how much did it cost, what did it contain?)

Details of 2<sup>nd</sup> packed lunch

Details of 3<sup>rd</sup> packed lunch

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Outcome 3.

Show knowledge of the cost of making and packaging a home- prepared packed lunch;

Young person's notes and costings.

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Carer or Young person to make notes of main points discussed.  
Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Outcome 4.

Demonstrate the ability to plan a balanced packed lunch;

Young person's notes

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Carer or Young person to make notes of main points discussed.  
Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

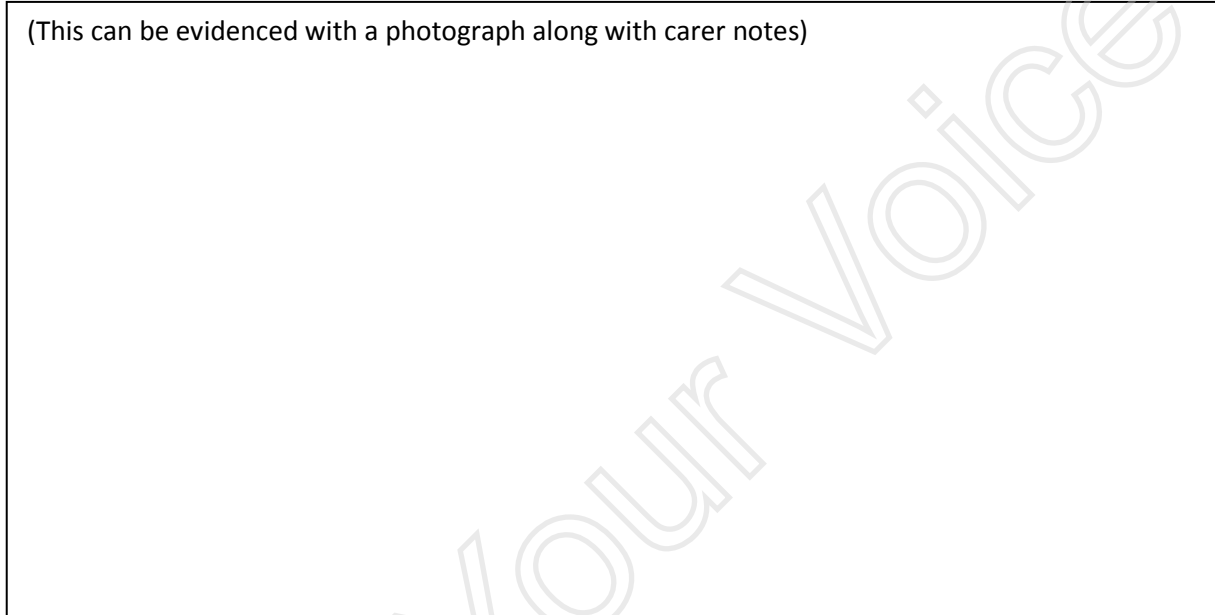
# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Outcome 5.

Demonstrate the ability to prepare a balanced packed lunch;

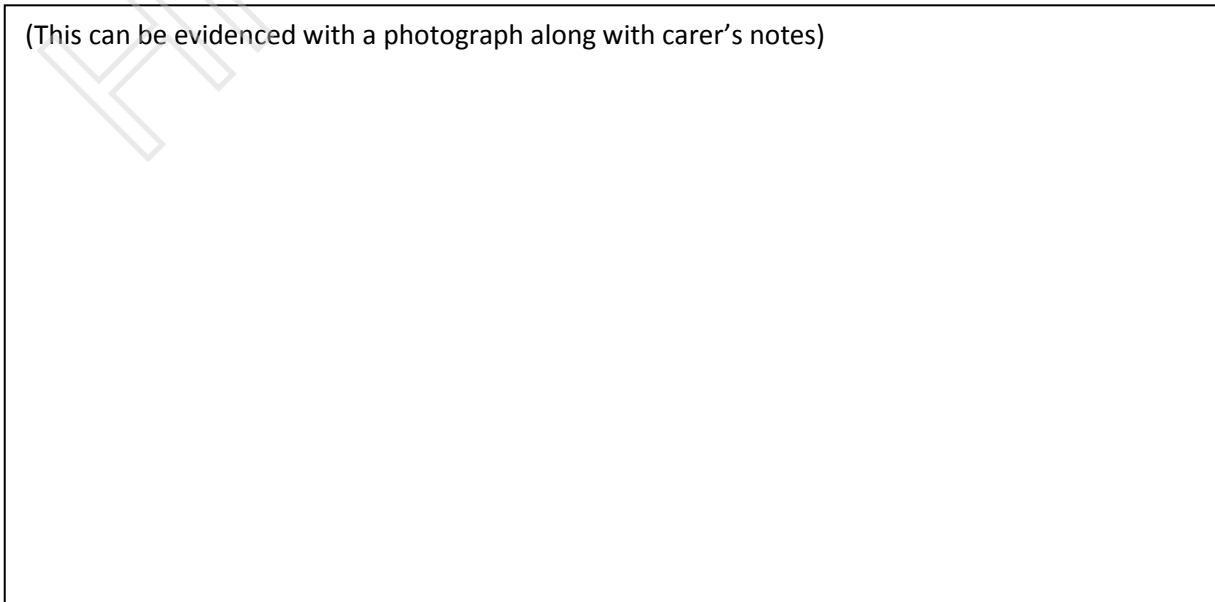
(This can be evidenced with a photograph along with carer notes)

A large empty rectangular box with a black border, intended for a student to provide evidence for AQA Outcome 5. A faint watermark 'HEAR YOUR VOICE' is visible diagonally across the page.

### AQA Outcome 6.

Demonstrate the ability to wrap a packed lunch appropriately, e.g. using cling film, foil, air-tight container.

(This can be evidenced with a photograph along with carer's notes)

A large empty rectangular box with a black border, intended for a student to provide evidence for AQA Outcome 6. A faint watermark 'HEAR YOUR VOICE' is visible diagonally across the page.

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

## PREPARING A PACKED LUNCH- 22704

### AQA Unit Award Scheme: Checklist and Portfolio Content

Centre Name: \_\_\_\_\_

Centre Number: \_\_\_\_\_

Student Name: \_\_\_\_\_

Student Number: \_\_\_\_\_

Unit Title: PREPARING A PACKED LUNCH

Unit Code: 22704

Outcomes	Evidence	Date completed	Carer's Signature
1	Pre- packed lunch vendors		
2	Pre- packed lunch prices		
3	Homemade lunch price		
4	Packed lunch plan		
5	Homemade lunch evidence		
6	Package lunch evidence		

Carer/ worker's signature \_\_\_\_\_

Date completed \_\_\_\_\_

Assessor's signature \_\_\_\_\_

Date completed \_\_\_\_\_

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Carer or Young person to make notes of main points discussed.  
Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# AQA Unit Award Scheme: Summary Sheet

Name of Centre \_\_\_\_\_

Centre No

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Unit Title PREPARING A PACKED LUNCH

Unit Code

22704

\*Dates must be used to record the achievement of each outcome in the columns below

Student Details		Outcomes *														Date of Completion
		1	2 Lunch 1	2 Lunch 2	2 Lunch 3	3	4	5	6							
Number	Name															
	SURNAME, FORNAME															

Signed \_\_\_\_\_ (Unit teacher)

Signed \_\_\_\_\_ (Co-ordinator)

Date \_\_\_\_\_

Sheet No \_\_\_\_\_ of \_\_\_\_\_