

Unit Award Scheme

76420 RELATIONSHIPS AND STAYING SAFE

In successfully completing this unit, the Learner will have

Evidence needed

shown knowledge of

- | | | |
|---|---|------------------------------|
| 1 | at least three separate emotional aspects of a loving relationship, eg happiness | Student completed worksheets |
| 2 | at least three separate physical aspects of a loving relationship, eg kissing | Student completed worksheets |
| 3 | at least three separate emotional aspects of an abusive relationship, eg fear | Student completed worksheets |
| 4 | at least three separate physical aspects of an abusive relationship, eg, punching | Student completed worksheets |
| 5 | one way in which an individual can make a decision that effects his/her personal safety, eg carrying a personal alarm | Student completed worksheets |
| 6 | at least three key stages of the grooming process, eg buying gifts, control | Student completed worksheets |
| 7 | one local organisation which can provide help, guidance and support with issues relating to sexual exploitation | Student completed worksheets |

demonstrated the ability to

- | | | |
|---|---|-------------------|
| 8 | describe at least three ways in which individuals could ensure personal safety | Teacher checklist |
| 9 | describe coercive behaviour from watching a DVD about the grooming of a young woman by an adult | Teacher checklist |

experienced

- | | | |
|----|--|-------------------|
| 10 | taking part in group discussions about personal safety within relationships, sexual exploitation and the grooming process. | Teacher checklist |
|----|--|-------------------|

All outcomes recorded on an [AQA Summary Sheet](#) (incorporating the [Teacher Checklist](#) if required)

Approved 15 July 2008

Level - Level One

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420

Before completing this worksheet, we ask that you watch the following DVD clips first;

<https://www.youtube.com/watch?v=1cbXXjzkh90>

It happens to boys too

<https://www.youtube.com/watch?v=qORv-Tgl4JI>

Healthy/ Unhealthy relationships

<https://www.youtube.com/watch?v=hK5OeGeudBM>

Online abuse

For more information you can also visit <https://ceop.police.uk/safety-centre/>



AQA Outcome 1

Show knowledge of at least three separate emotional aspects of a loving relationship, eg happiness;

1-
2-
3-

AQA Outcome 2

Show knowledge of at least three separate physical aspects of a loving relationship, eg kissing;

1-
2-
3-

Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420



AQA Outcome 3

Show knowledge of at least three separate emotional aspects of an abusive relationship, eg fear;

1-
2-
3-

AQA Outcome 4

Show knowledge of at least three separate physical aspects of an abusive relationship, eg punching;

1-
2-
3-

AQA Outcome 5

Show knowledge of one way in which an individual can make decisions that effect his/ her personal safety, eg carrying a personal alarm.

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420



AQA Outcome 6

Show knowledge of at least three key stages of the grooming process, eg buying gifts, control;

1-
2-
3-

AQA Outcome 7

Show knowledge of one local organisation which can provide help, guidance and support with issues relating to sexual exploitation.

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420



AQA Outcome 8

Demonstrate the ability to describe at least three ways in which individuals could ensure personal safety;

1-
2-
3-

AQA Outcome 9

Demonstrate the ability to describe coercive behaviour from watching a DVD about the grooming of a young woman by an adult

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Did you watch all the listed DVD clips at the beginning of this workbooklet? Yes/ No

Carer or Young person to make notes of main points discussed.
Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420

AQA Outcome 10

Experience taking part in a group discussion about personal safety within relationships, sexual exploitation and the grooming process.;

Young person and/ or carer's notes on main points discussed.

Carer or Young person to make notes of main points discussed.
Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

HEALTH.

RELATIONSHIPS AND STAYING SAFE- 76420

AQA Unit Award Scheme: Checklist and Portfolio Content

Centre Name: _____

Centre Number: _____

Student Name: _____

Student Number: _____

Unit Title: RELATIONSHIPS AND STAYING SAFE

Unit Code: 76420

Outcomes	Evidence	Date completed	Carer's Signature
	Watch all three DVD clips		
1	Emotionally loving list		
2	Physically loving list		
3	Emotionally abusive list		
4	Physically abusive list		
5	Personal safety		
6	Stages of grooming		
7	Organisation for help		
8	Personal safety list		
9	Coercive behaviour		
10	Safety discussion		

Carer/ worker's signature _____

Date completed _____

Assessor's signature _____

Date completed _____

Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted
Carer to date when the outcome was completed on the end of unit checklist.

AQA Unit Award Scheme: Summary Sheet

Name of Centre _____

Centre No

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Unit Title RELATIONSHIPS AND STAYING SAFE

Unit Code 76420

*Dates must be used to record the achievement of each outcome in the columns below

Student Details		Outcomes *														Date of Completion	
		1 Emotion 1	1 Emotion 2	1 Emotion 3	2 Physical 1	2 Physical 2	2 Physical 3	3 Emotion 1	3 Emotion 2	3 Emotion 3	4 Physical 1	4 Physical 2	4 Physical 3	5	6 Stage 1		
Number	Name																
	SURNAME, FORENAME																

Signed _____ (Unit teacher)

Signed _____ (Co-ordinator)

Date _____

Sheet No 1 of 2

AQA Unit Award Scheme: Summary Sheet

Name of Centre _____

Centre No

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Unit Title RELATIONSHIPS AND STAYING SAFE

Unit Code 76420

*Dates must be used to record the achievement of each outcome in the columns below

Student Details		Outcomes *												Date of Completion		
		6 Stage 2	6 Stage 3	7	8 Safety 1	8 Safety 2	8 Safety 3	9	10							
Number	Name															
	SURNAME, FORENAME															

Signed _____ (Unit teacher)

Signed _____ (Co-ordinator)

Date _____