

# Unit Award Scheme

## 77171 PLANNING, SHOPPING FOR AND PREPARING A MEAL

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In successfully completing this unit, the Learner will have

**demonstrated the ability to**

		<b>Evidence needed</b>
1	plan an individual meal	Student's written work
2	prepare a shopping list for the meal	Student's written work
3	find each item in the supermarket and put the items in a basket or trolley	Teacher's completed checklist
4	take the basket or trolley to the checkout	Teacher's completed checklist
5	tender sufficient money to pay for the items	Teacher's completed checklist
6	place the items in a carrier bag(s)	Teacher's completed checklist
7	collect the till receipt	Teacher's completed checklist
8	leave the supermarket with the goods and receipt	Teacher's completed checklist
9	prepare the individual meal.	Teacher's completed checklist

All outcomes recorded on an [AQA Summary Sheet](#) (incorporating the [Teacher Checklist](#) if required)

Approved 3 June 2008

Level - Entry Level

# Cooking & Food Hygiene.

PLANNING, SHOPPING FOR AND PREPARING A MEAL- 77171

## AQA Outcome 1.

Demonstrate the ability to plan an individual meal;

Meal no:	Meal Title:
Amount Ingredients:	Preparation/ method:
Preparation time:	
Cooking time:	
Cooking temperature:	
Cost of meal or portion:	
Comments:	Taste/ Presentation etc:
Young Person's signature:	Date:
Carer's Signature:	Date:

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

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## AQA Outcome 2.

Demonstrate the ability to prepare a shopping list for the meal;

Shopping list

HAMPSHIRE YOUR VOICE



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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted

Carer to date when the outcome was completed on the end of unit checklist.

# Cooking & Food Hygiene.

## PLANNING, SHOPPING FOR AND PREPARING A MEAL- 77171

Carer should accompany the young person shopping to assess and sign outcomes 3-8

### AQA Outcome 3.

Demonstrate the ability to find each item in the supermarket and put the items in a basket or trolley;

(This can be evidenced by a photograph along with carer's notes)

### AQA Outcome 4.

Demonstrate the ability to take the basket or trolley to the checkout;

(This can be evidenced by a photograph along with carer's notes)

### AQA Outcome 5.

Demonstrate the ability to tender sufficient money to pay for the items ;

(This can be evidenced by a photograph along with carer's notes)

### AQA Outcome 6.

Demonstrate the ability to place the items in a carrier bag(s);

(This can be evidenced by a photograph along with carer's notes)

-Remember to take your own carrier bags to save the 5p charge-

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Carer or Young person to make notes of main points discussed.

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Carer to date when the outcome was completed on the end of unit checklist.

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## AQA Outcome 7.

Demonstrate the ability to collect the till receipt;

(This could also be evidenced by attaching the receipt along with carer's notes)

## AQA Outcome 8.

Demonstrate the ability to leave the supermarket with the goods and receipt;

(This can be evidenced by a photograph along with carer's notes)

## AQA Outcome 9.

Demonstrate the ability to prepare the individual meal.

Young person and/ or carer's comments  
(This can also be evidenced by a photograph)

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Carer or Young person to make notes of main points discussed.

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Carer to date when the outcome was completed on the end of unit checklist.

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## AQA Unit Award Scheme: Checklist and Portfolio Content

Centre Name: \_\_\_\_\_

Centre Number: \_\_\_\_\_

Student Name: \_\_\_\_\_

Student Number: \_\_\_\_\_

Unit Title: PLANNING, SHOPPING FOR AND PREPARING A MEAL

Unit Code: 77171

Outcomes	Evidence	Date completed	Carer's Signature
1	Meal plan		
2	Shopping list		
3	Witness signature		
4	Witness signature		
5	Witness signature		
6	Witness signature		
7	Witness signature		
8	Witness signature		
9	Prepared meal evidence		

Carer/ worker's signature \_\_\_\_\_

Date completed \_\_\_\_\_

Assessor's signature \_\_\_\_\_

Date completed \_\_\_\_\_

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Carer or Young person to make notes of main points discussed.

Carer should write the student's name & number, sign & date on each sheet of paper submitted  
Carer to date when the outcome was completed on the end of unit checklist.

# AQA Unit Award Scheme: Summary Sheet

Name of Centre \_\_\_\_\_

Centre No 

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Unit Title PLANNING, SHOPPING FOR AND PREPARING A MEAL

Unit Code 77171

\*Dates must be used to record the achievement of each outcome in the columns below

Student Details		Outcomes *														Date of Completion	
		1	2	3	4	5	6	7	8	9							
Number	Name																
	SURNAME, FORENAME																

Signed \_\_\_\_\_ (Unit teacher)

Signed \_\_\_\_\_ (Co-ordinator)

Date \_\_\_\_\_

Sheet No \_\_\_\_\_ of \_\_\_\_\_